

Disability Equality Training (DET) Manual Series No. 1

TRAINING THEM AND US
A Guide to Social Equality for Society

DET Manual Series:

- No. 1. *Training Them and Us: A Guide to Social Equality for Society*
Liz Carr, Paul Darke and Kenji Kuno
- No. 2. *Promoting Disability Equality: From Theory into Practice*
Kevin McLaughlin and Kenji Kuno

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Liz Carr
Paul Darke
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UTUSAN PUBLICATIONS & DISTRIBUTORS SDN BHD

Published and distributed by

UTUSAN PUBLICATIONS & DISTRIBUTORS SDN BHD

No. 1 & 3, Jalan 3/91A

Taman Shamelin Perkasa, Cheras

56100 Kuala Lumpur

Malaysia

First published 2008

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Perpustakaan Negara Malaysia Data Pengkatalogan-dalam-Penerbitan

ISBN 978-XXX-XXX-XXX-X

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Printed by

UTUSAN PUBLICATIONS & DISTRIBUTORS SDN BHD

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Liz Carr and Paul Darke

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Preface

This is the first book of a series of Disability Equality Training (DET) manuals for DET trainers. This DET Manual series is published as a part of the Project on Disability, implemented by the Japan International Cooperation Agency (JICA) and the Department of Social Welfare, Malaysia. This project, Capacity Building on Social Welfare Services for Disabled People, is implemented to promote the participation and inclusion of disabled people and the mainstreaming of disability issues in development interventions. This project is designed based on the concept of the social model of disability. DET is taken as one of the key components of the project in addition to the promotion of the independent living movement, supported employment, and self-advocacy of persons with learning difficulties. In this project, 41 disabled people from ten countries, namely, Malaysia, Thailand, Singapore, Indonesia, Nepal, Bangladesh, Pakistan, Kyrgyzstan, Maldives and Afghanistan were trained as DET trainers over the last three years.

The authors of these manuals were all trainers of this DET trainers' training, except Dr Paul Darke and Liz Carr who kindly agreed to publish their work on DET as a part of this manual series.

I truly hope that this book will provide useful information and ideas on DET. I also welcome comments and suggestions. The above-mentioned project has a website on DET (www.detforum.com) to provide and exchange information and ideas, so please do visit it.

I believe the essential element in working on disability is ‘SPICE’ (just as spices are essential to cook a delicious curry!). So, what is SPICE? It is the promotion of **S**ocial **P**articipation, **I**nclusion in the **C**ommunity, and **E**mpowerment of all disabled people. So, let us ‘SPICE up’ our work on disability together!

Kenji Kuno